



■ Having essential nutrients before and after your workout is just as crucial to muscle growth as the time you spend in the gym. MuscleMeds has taken it into its own hands to design the first-ever bioactive post-workout formula to help you do just that. The bioactive peptides in MuscleMeds' Secret Sauce allow for an optimal anabolic environment post-workout to take full advantage of every rep and support maximal muscle growth. To complement Secret Sauce, MuscleMeds has designed the pre-workout formula NO Bull XMT, which promotes muscle growth, peak energy levels, and maximum strength output to prepare you for intense workouts.

MUSCLEMEDS PERFORMANCE TECHNOLOGIES

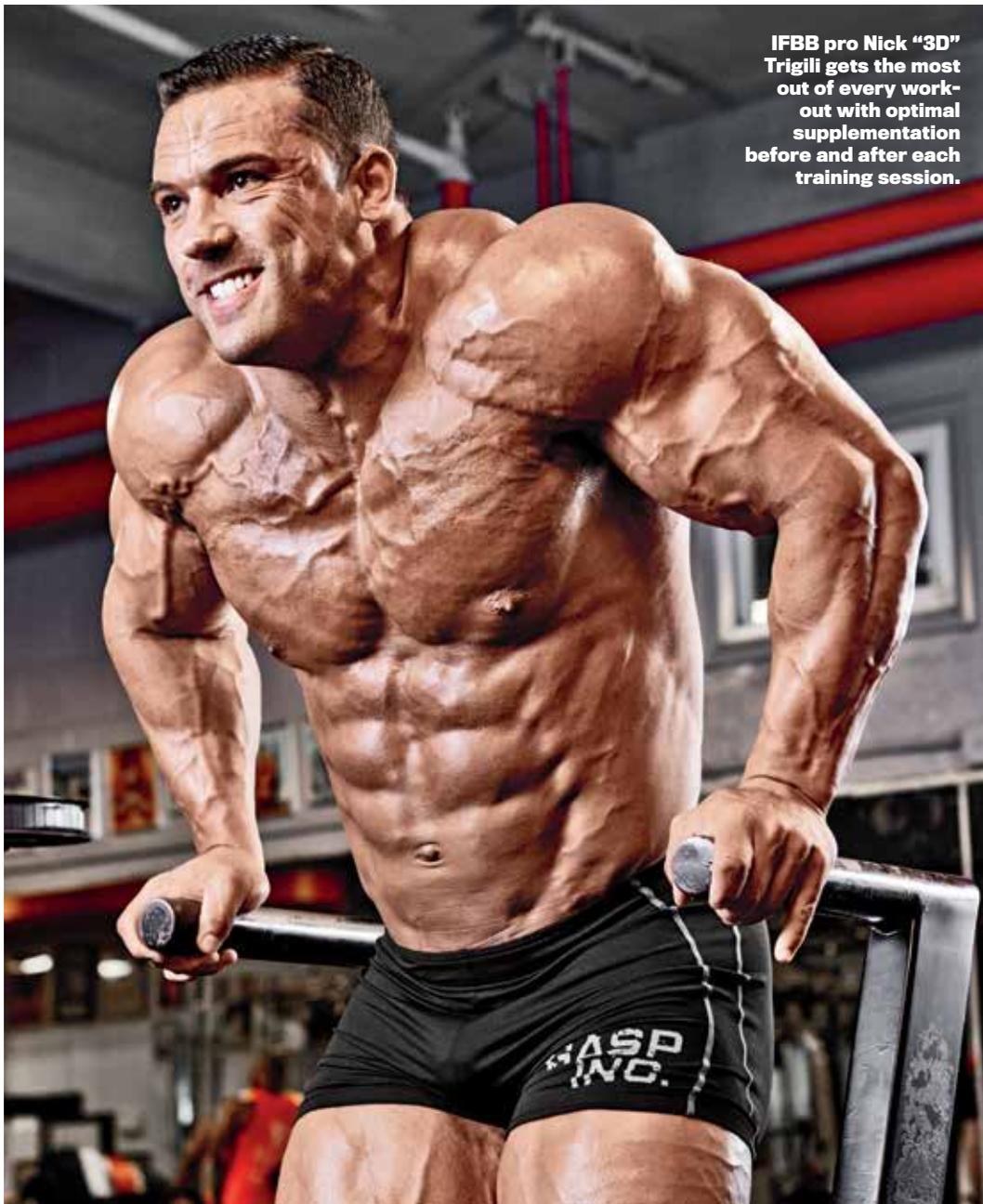
**NO BULL XMT PRE-WORKOUT AND SECRET SAUCE
POST-WORKOUT GROWTH/RECOVERY ACTIVATOR**

JASON BREEZE



MUSCLE-BUILDING PRE-WORKOUT

■ **NO Bull XMT** is split into three main parts. The first, **Power-AMP Complex**, couples an optimal creatine blend with clinically dosed beta-alanine to provide peak ATP levels, power, and help reduce post-workout muscle soreness. Next, to increase energy, enhance performance, and provide mental clarity, caffeine, *Ilex paraguariensis*, *Mucuna pruriens*, and huperzine are combined in its Sudden Impact Neurotropic Energizer Complex. Alongside these ingredients, the *Mucuna pruriens* helps increase natural test and GHG levels. Last but not least, **NO Bull XMT's** DecaDrive Delivery Matrix uses proven compounds like PEG to maximize absorption of all key ingredients in the formula and optimize amino acid absorption.



IFBB pro Nick "3D" Triggli gets the most out of every workout with optimal supplementation before and after each training session.

POST-WORKOUT MUSCLE GROWTH ACTIVATOR

■ **MUSCLE RECOVERY**

Secret Sauce was designed with the latest bioactive peptides technology from bovine serum albumin (BSA), a bioactive protein that helps speed up muscle recovery for fuller and stronger muscle tissue. The BSA protein contains naturally occurring leucine—a critical amino acid that in combination with 5 grams of a 10:1:1 ratio BCAA creates the optimal anabolic environment.

■ **PEAK STRENGTH**

The Power-AMP CRE3 Creatine Complex in Secret Sauce combines creatine

monohydrate, creatine MagnaPower, and creatine gluconate to help fully saturate the muscle in creatine, allowing for increased muscle mass and peak strength output.

■ **ENERGY REPLENISHMENT**

Secret Sauce's final stage is its iSPIKE Insulin-Release-Amplifying Reactive Carbohydrate System. Fast-acting carbs trigger elevated insulin levels, leading to maximal ATP and glycogen restoration. Amylase and glucoamylase speed up glycogen delivery to muscles.

For more information, visit musclemedsrx.com.



JASON BREEZE; COURTESY OF MUSCLEMEDS